

Autism Resources

EASY FICTION (Picture Books):

Waiting For Benjamin: A Story about Autism by Alexandra Altman

When Benjamin's family learns that he has autism, they hire special teachers to teach him how to listen and talk and play. While Benjamin works with his teachers, his brother, Alexander works through his feelings of disappointment and jealousy. As time passes and each boy grows, Alexander discovers that Benjamin isn't just his brother - he is also his friend.

E Altman

The Flight of the Dove by Alexandra Day

After hearing about a school for children with developmental disabilities, Betsy's mother enrolls her with high hopes. But once there, Betsy cries uncontrollably and refuses all attempts to comfort her. She sits with her eyes shut tight and her fists clenched. The head teacher believes that animals sometimes help children overcome problems, so she tries to engage Betsy with the many pets in residence at the school. Betsy shows no interest in any of them -- until the day one special bird manages to catch her attention.

E Day

My Brother Sammy by Becky Edwards

Sammy doesn't go to school with his older brother; he goes to school on a special bus. They are constantly at cross purposes because Sammy is autistic and does not know how to be a "normal brother." Then one day, Sammy's brother realizes that Sammy's way of doing things may not be so bad.

E Edwards

Looking After Louis by Lesley Ely

A young girl sits next to a boy named Louis at school. Louis has autism, but through imagination, kindness, and a special game of soccer, his classmates find a way to join him in his world. Then they can include Louis in theirs.

E Ely

Ian's Walk: A Story about Autism by Laurie Lears

Julie can't wait to go to the park and feed the ducks with her big sister. Her little brother, Ian, who has autism, wants to go, too. Ian doesn't have the same reactions to all the sights and sounds that his sisters have, and Julie thinks he looks silly.

E Lears

My Brother Charlie by Holly Robinson Peete

In this story, told from a sister's point of view, we meet a family whose oldest son teaches them important lessons about togetherness, hope, tolerance, and love. Holly Robinson Peete, bestselling author, actress, and national autism spokesperson, has paired with her daughter, Ryan, to co-author this uplifting book based on their own personal experiences with Holly's son and Ryan's brother, RJ, who has autism.

E Peete

Andy and His Yellow Frisbee by Mary Thompson

When Sarah tries to talk to Andy in the playground, Rosie, Andy's older sister, watches and worries about how her brother may react. Rosie knows that Andy is in his own world most of the time, and that he has trouble finding the words to express himself. Though he doesn't talk to her, Sarah thinks she understands why Andy spins things so much. And Rosie is relieved to see that her brother doesn't need her protection. She's hopeful about Andy's next encounter with Sarah.
E Thompson

JUNIOR FICTION (Chapter Books):

Anything But Typical by Nora Raleigh Baskin

Jason Blake is an autistic 12-year-old living in a neurotypical world. Most days it's just a matter of time before something goes wrong. But Jason finds a glimmer of understanding when he comes across PhoenixBird, who posts stories to the same online site as he does. Jason can be himself when he writes and he thinks that PhoenixBird - her name is Rebecca - could be his first real friend. But as desperate as Jason is to meet her, he's terrified that if they do meet, Rebecca will only see his autism and not who Jason really is...

J Bas, JCD 1096

Mockingbird by Catherine Erskine

Caitlin has Asperger's. The world according to her is black and white; anything in between is confusing. Before, when things got confusing, Caitlin went to her older brother, Devon, for help. But Devon has died, and Caitlin's dad is so distraught that he is just not helpful. Caitlin wants everything to go back to the way things were, but she doesn't know how to do that. Then she comes across the word closure- and she realizes this is what she needs. And in her search for it, Caitlin discovers that the world may not be black and white after all.

J Ers, JCD 1194

Rules by Cynthia Lord

Twelve-year-old Catherine just wants a normal life. Which is near impossible when you have a brother with autism and a family that revolves around his disability. She's spent years trying to teach David the rules from "a peach is not a funny-looking apple" to "keep your pants on in public"--in order to head off David's embarrassing behaviors. But the summer Catherine meets Jason, a surprising, new sort-of friend, and Kristi, the next-door friend she's always wished for, it's her own shocking behavior that turns everything upside down and forces her to ask: What is normal?

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Buster and the Amazing Daisy by Nancy Ogaz

This isn't just a humorous and engaging story. It will also give its readers an insight into the hopes and dreams, as well as the fears and frustrations, of many children with autism.

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NON-FICTION:

I Know Someone with Autism by Sue Barraclough (2011)

A book for kids that introduces readers to what autism is, how it affects people, and what they can do to be a good friend to someone living with autism.

J 616.85 Bar

Some Kids Have Autism by Martha E. H. Rustad (2008)

Simple text and photographs describe children with autism, their challenges and adaptations, and their everyday activities
E 618.92 Rus

How to Deal with Autism by Lynette Robbins (2010)
J 618.92 Rob

Autism and Me: Sibling Stories by Ouisie Shapiro (2009)

"If you see a kid with autism on the street, don't yell at her if she's doing something wrong. She can't help it. Autism is really challenging," explains Christian, who tells about life with his sister, Mary Gwen, a beautiful girl who loves to swim. In these moving essays, Christian and many other kids tell what it's like to live with siblings who have autism. Sometimes they can't talk much. Sometimes they have tantrums. It can be tough for a family, but there are happy surprises, too. "Autism has helped us to become a better family," adds Christian. "It teaches us patience and understanding."

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How to Talk to an Autistic Kid by Daniel Stefanski (2011)

Kids with autism have a hard time communicating, which can be frustrating for autistic kids and for their peers. In this intimate yet practical book, author Daniel Stefanski, a fourteen-year-old boy with autism, helps readers understand why autistic kids act the way they do and offers specific suggestions on how to get along with them.

J 618.92 Ste

My Friend Has Autism by Amanda Doering Tourville (2010)

My friend Zack has a disability called autism. But that doesn't matter to us. We talk about airplanes, build models, and enjoy hanging out at each others house. Imp glad Zack is my friend!

E 618.92 Tou

Understanding Sam and Asperger Syndrome by Clarabelle Van Niekerk (2008)

Sam doesn't like his pancakes to touch, his sister is annoyed with his repetitive song, and his new coat hurts his skin, but once he is diagnosed, teamwork-based support helps Sam's life become a little easier. With endearing illustrations, the book includes 10 helpful tips geared toward children, showing them how to respect and accept differences as well as to interact with a classmate or friend with Asperger Syndrome.

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[PARENT/TEACHER COLLECTION:](#)

Parenting on the Autism Spectrum: A Survival Guide by Lynn W. Adams (2010)
J 618.92 Ada

Russell's World: A Story for Kids about Autism by Charles A. Amenta (2011)

Step into *Russell's World* for an inside look at a real-life family as they share their photos and stories. Kids can see just what Russell and his family experience as well as the surprises and challenges that can come with autism. An extensive Note to Parents offers concrete information about autism and gives parents tips about supporting children with autism and their siblings, getting services, and taking time for self-care.

J 618.92 Ament

Louder Than Words: A Mother's Journey in Healing Autism by Jenny McCarthy (2007)

J 618.92 Mcc

Actress and model Jenny McCarthy takes us on journey of a mom dealing with her son's Autism diagnosis and treatment.

Ten Things Every Child with Autism Wishes You Knew by Ellen Notbohm (2005)

Framed with both humor and compassion, the book defines the top ten characteristics that illuminate the minds and hearts of children with autism. Ellen's personal experiences as a parent, an autism columnist, and a contributor to numerous parenting magazines coalesce to create a guide for all who come in contact with a child on the autism spectrum.

J 618.92 Not

Adolescents on the Autism Spectrum by Chantal Sicile-Kira (2006)

A complete guide to the cognitive, emotional, social, and physical needs of preteens and teenagers with autistic disorders, ranging from the relatively mild Asperger's Syndrome to more severe ability impairment.

J 618.92 Sic

Autism Life Skills: from Communication and Safety to Self-esteem and More-- 10 Essential Abilities Every Child Needs and Deserves to Learn by Chantal Sicile-Kira (2008)

From an award-winning author and advocate, *Autism Life Skills* presents a positive and empowering "bill of rights" for every person with autism, regardless of impairment level. With advice and reflections from autistic adults across the spectrum, as well as Sicile-Kira's own experience as an advocate and parent of an autistic teen, the book covers these ten essential life skills: Making Sense of the World * Communication * Safety * Self-Esteem * Pursuing Interests * Self-Regulation * Independence * Social Relationships * Self- Advocacy *Earning a Living".

J 618.92 Sic

Eating For Autism by Elizabeth Strickland (2009)

What your child eats has a major impact on his brain and body function. *Eating for Autism* is the first book to explain how an autism, Asperger's, PDD-NOS, or ADHD condition can effectively be treated through diet.

J 618.92 Str

My Child Has Autism: What Parents Need to Know by Clarissa Willis (2009)

There are no words to describe the changes in the lives of families when they learn that a child they love has been diagnosed with autism. This book was written for those families. It explains autism in simple terms, discusses the major characteristics associated with autism, and offers simple strategies for helping children with autism function in their homes, at school, and in the community.

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Teaching Young Children with Autism Spectrum Disorder by Clarissa Willis (2008)

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The First Year: Autism Spectrum Disorders: An Essential Guide for the Newly Diagnosed Child by Nancy D. Wiseman (2009)

As a parent of a child with autism, Nancy D. Wiseman knows firsthand how difficult it can be to unravel complex issues, discover what questions to ask, and find effective treatments. In this landmark guide, Wiseman offers both compassionate insight and a wealth of information for diagnoses from Asperger's to classic autism.

J 618.92 Wis

Early Intervention Games: Fun, Joyful Ways to Develop Social and Motor Skills in Children with Autism by Barbara Sher (2009)

A resource of fun games for parents or teachers to help young children learn social and motor skills

J 649 She

My Brother Is Different: A Parents' Guide to Help Children Cope with an Autistic Sibling by Barbara J. Morvay (2010)

A two-sided book with two covers that focuses on the sibling of the Autistic child. The parents section provides straight talk and deals honestly with the effect their Autistic child is having on their other child. Flip the book over and it becomes a child's book with beautiful illustrations that support the realistic subject matter. The thoughts, feelings and fears of the sibling are expressed. The book becomes a vehicle for acceptance through affirmations that replace negative thoughts with positive, reinforcing statements.

J 649.154 Mor

DVDs

A Mother's Courage: Talking Back to Autism

Margret, whose ten-year-old son Keli is severely autistic, has tried a number of treatments to help her son. Consumed by an unquenchable thirst for knowledge about this mysterious and complex condition, she travels from her home in Iceland to the United States and Europe, meeting scientists and other experts, as well as other families touched by autism.

DVD 618.9289 Mot

A New Beginning: Basic Life Skills Video-Modeling

Designed to teach children skills through play, peer socialization and everyday life situations. The video aims to model appropriate actions and behaviors in social situations, beginning with very basic skills that build a strong foundation for learning.

JDVD 371.94 New

Autism: The Musical

Follows the extraordinary and innovative acting coach Elaine Hall, five autistic children, and their parents as they improbably, heroically mount a full-length original stage production. Through trial and error, tears and laughter, these incredible families learn to communicate their feelings in song and performance, finding solace and joy in the act of creating.

DVD 616.85 Aut

Friends: Video Modeling for Children Embarking on Socialization Skills

The Watch Me Learn Kids model common Play Date activities, incorporating Applied Behavior Analysis and Verbal Behavior techniques for children with ASD, including Asperger's and PDD. Your children will watch and learn the ins and outs of playing catch, snack time, charades, treasure hunt, baking and more!

JDVD 302.34 Fri

Let's Play: Video-Modeling for Play and Social Interaction Skills

Building upon the success of the first volume (A New Beginning), this follow-up video presents more skills for your child to learn in a fun and accessible way.

JDVD 302.3 Let

Understanding Autism: What Every Parent, Childcare Provider, and Educator Should Know

Autism is rapidly becoming a very common concern of parents. This program covers early developmental behaviors to look for in young children and reviews strategies for intervention.

DVD 616.85 Und

Understanding Brothers and Sisters on the Autism Spectrum

Contains four programs for siblings of children on the autism spectrum and their parents. Each program covers a range of autistic challenges and strengths, and describes techniques siblings can use to get along and support each other.

JDVD 616.85 Und