# Nursery Rhymes Throughout the Day



#### Wee Willie Winkie

Wee Willie Winkie runs through the town, Upstairs and downstairs in his nightgown,

Tapping at the window,
And crying
through the lock,
Are all the children
in their beds?
It's past eight o'clock!



# Wide-Eyed Owl

There's a wide-eyed owl
(circle eyes with hands)
With a pointed nose
(make beak with fingers)
Two pointed ears
(make ears with fingers)
And claws for toes
(wiggle your "claws")
He lives way up in the tree
(point way up)
And when he looks at you
(point to child)
He flaps his wings
And says, "Whoo! Whoo!"
(flap "wings" & say "whoo whoo")

## Mary Had a Little Lamb

Mary had a little lamb,
Little lamb, little lamb.

Mary had a little lamb, its fleece
Was white as snow.

#### Mix a Pancake

(act out the rhyme)

Mix a pancake, stir a pancake, Pop it in a pan. Fry the pancake, Toss the pancake. Catch it if you can!

#### Little Bo Peep

Little Bo Peep has lost her sheep And doesn't know where to find them. Leave them alone and they'll come home Wagging their tails behind them.

#### Jack Jumped Over the Candlestick

Jack, be nimble; Jack, be quick; Jack, jump over the candlestick.

# Here is the Beehive



Here is the beehive.

(make fist)

Where are the bees?

(shrug shoulders)

Hidden away where nobody sees.

(point to fist)

Watch and you'll see them

Watch and you'll see them come out of the hive. (pretend to look into the hive)

1, 2, 3, 4, 5! (count on fingers)

#### Leg Over Leg

(bounce child on lap)

Leg over leg
As the dog goes to Dover.
When he comes to a wall,
Jump! He goes over!
(one large bounce switching toddler from one knee to the other on the word jump)



# Twinkle, Twinkle

Twinkle, twinkle little star How I wonder what you are Up above the world so high Like a diamond in the sky.



#### 'Round and 'Round the Garden

'Round and 'round the garden,
(trace circle around child's belly button)
Goes the Teddy Bear.
One step, two steps,
Tickly under there.
(tickle child)

#### Hey Diddle Diddle

Hey diddle diddle,
The cat and the fiddle,
The cow jumped over the moon
The little dog laughed
to see such a sport
And the dish ran away with the spoon.

## Criss, Cross, Applesauce

Criss, cross, applesauce
(draw an X on child's back)
Spiders crawling up your back
(walk fingers up back)
Big squeeze
(hug child)
Cool breeze
(blow on back of child's neck)
Now you've got the shivers!
(tickle all over)

#### Baa Baa Black Sheep

Baa baa black sheep have you any wool?
Yes sir, yes sir three bags full.
One for the master, one for the dame
One for the little boy who lives down the lane.
Baa baa black sheep have you any wool?
Yes sir, yes sir three bags full.

#### Bedtime Tickle Bug

Tickle bug, tickle bug
Hunting feet
Creeping creeping
Over the sheet
One! Two!
Catch 'em like this
(catch feet)
Tickle-y Tickle-y
(tickle toes)
Tummy kiss!
(kiss tummy)

#### Where are the baby mice?

Where are the baby mice?

(shrug shoulders)

Squeak, squeak, squeak.

I cannot see them,
(shake head no)

Peek, peek, peek.
(mimic looking)

Here they come
from a hole in the wall.
(bring fist from behind back)
One, two, three, four, five,
(count slowly)

That's all!

# Slowly, Slowly

Slowly, slowly, very slowly goes the garden snail.
Slowly, slowly, very slowly up the garden trail.
(walk fingers slowly up child's arm)
Quickly, quickly, quickly runs the little mouse.
Quickly, quickly, quickly all around the house.
(quickly tickle child)



# **Make Nursery Rhymes Part of Your Day**

\*Nursery rhymes are important for young children because they help develop an ear for our language. Both rhyme and rhythm help kids hear the sounds and syllables in words, which helps kids learn to read!

The following are suggestions on how to make nursery rhymes a part of your child's every day life.

- Recite nursery rhymes while changing your child's diaper, while driving in the car or eating dinner together.
- Insert your child's name into nursery rhymes. Make up rhymes that include your child's name.
- Invite your child to help you make up nonsense rhymes with nonsense rhyming words.
- Check out nursery rhyme books from the library and read them aloud.
   Nursery rhyme books have the call number 398.8 in the Children's Library.
- Bounce your child in your lap, clap your hands together or stomp out the rhythm while reciting nursery rhymes together.
- Check out music CDs from the library that have nursery rhyme songs on them. Play them in the car or at home so you and your child can learn the lyrics.
- Add simple actions to nursery rhymes to act out the rhyme. This is a fun way to learn what the words in the rhyme mean and keeps kids active.
- Explain unfamiliar words in nursery rhymes to help your child develop a larger vocabulary and to help your child develop background knowledge about the world..
- Recite nursery rhymes with numbers. This is a fun way to help your child learn how to count. Count using your fingers or the illustrations in nursery rhyme books.











\*Reading Rockets. "Nursery Rhymes: Not Just for Babies." *Reading Rockets*. 13 Oct. 2012. Web. 14 Dec. 2012. <a href="http://www.readingrockets.org/article/14017/">http://www.readingrockets.org/article/14017/</a>.

