Songs to Sing Throughout the Day



Open, Shut Them

perform actions as you sing the song

Open shut them, open shut them Give a little clap, clap, clap.

Open shut them, open shut them Put them in your lap, lap, lap.

Creep them crawl them, Creep them crawl them Right up to your chin, chin, chin.

Open up your little mouth... But do not let them in!

Open, shut them, open shut them To your shoulders fly, fly, fly.

Then like little birdies let them Flutter to the sky, sky, sky.

Falling, falling, falling, falling Almost to the ground, ground, ground.

Quickly pick them up again And turn them round and round.

Faster, faster, faster, faster. Slowly, slowly, slowly, slowly. Faster, faster, faster, faster. Slowly, slowly, s-l-o-w-e-r.

Row, Row, Row Your Boat

Row, row, row your boat Gently down the stream Merrily, merrily, merrily Life is but a dream.

> Row, row, row your boat Gently down the stream If you see a crocodile Don't forget to scream!

Row, row, row your boat Gently down the stream If you see a lion Don't forget to roar!





I'm a little teapot Short and stout.

Here is my handle
(put one arm on one hip)
Here is my spout.
(put out other arm to be a spout)
When I get all steamed up
Hear me shout.
Tip me over and pour me out!
(pretend to pour the teapot)

I Had a Little Turtle

I had a little turtle.
His name was Tiny Tim.
I put him in the bathtub
to see if he could swim.
He drank up all the water.
He ate up all the soap.
Now he's home sick in bed
with bubbles in his throat.
Bubbles, bubbles, bubbles.
Bubbles, bubbles, bubbles.
Bubbles that go POP!
(clap hands loudly on POP)

The Itsy Bitsy Spider

The itsy bitsy spider climbed up the water spout. (climb your hands upward)
Down came the rain and washed the spider out. (spread hands out)
Out came the sun and dried up all the rain. (pretend to make the sun)
And the itsy bitsy spider climbed up the spout again.



Twinkle, Twinkle

Twinkle, twinkle little star How I wonder what you are Up above the world so high Like a diamond in the sky.

Walking, Walking

Tune: Are you sleeping? (perform actions in song)

Walking, walking,
Walking, walking.
Hop, hop, hop,
Hop, hop, hop.
Running, running, running,
Running, running, running.
Now we stop. Now we stop.

Row, Row, Row Your Boat

Row, row, row your boat Gently down the stream Merrily, merrily, merrily Life is but a dream. (make rowing motion)

Bounce, bounce, bounce your boat
Gently down the stream
Merrily, merrily, merrily
Life is but a dream.
(bounce child on lap)

Sway, sway, sway your boat
Gently down the stream
Merrily, merrily, merrily
Life is but a dream.
(sway child back and forth)

Tickle, tickle, tickle your boat
Gently down the stream
Merrily, merrily, merrily
Life is but a dream.
(tickle child)

Wheels on the Bus

The wheels on the bus go round and round, Round and round, round and round. The wheels on the bus go round and round, All through the town.

More Verses:

The people on the bus go up and down...
The babies on the bus go waa, waa, waa...

Etc.



If You're Happy...

If you're happy & you know it
Clap your hands
If you're happy & you know it
Clap your hands
If you're happy & you know it
Then your face will surely show it
If you're happy & you know it
Clap your hands

More Verses:

Stomp your feet & Shout hurray! (perform actions as you sing verse)

Head, Shoulders, Knees & Toes

Head, shoulders, knees & toes, knees & toes, Head shoulders, knees & toes, knees & toes, Eyes & ears & mouth & nose, Head, shoulders, knees & toes, knees & toes!

Mary Had a Little Lamb

Mary had a little lamb, Little lamb, little lamb. Mary had a little lamb, its fleece Was white as snow.



*Make Music a Part of Your Daily Life

Music promotes language acquisition, listening skills, memory, and motor skills. Songs introduce new words, often ones that rhyme or repeat, which makes them easy to learn. Singing also facilitates bonds between adult and child.

The following are suggestions on how to make music a part of your child's every day life.

- Sing to your baby any chance you get. Smile while you are singing. Sing any song you know.
- Encourage your child to join in. Singing introduces words, nonsense sounds, rhymes and rhythms, all in an enjoyable package.
- Play music CDs or audiotapes to inspire your child to listen, move, dance, and sing along. Play them in the car or at home.
- Singing to your baby even while changing a diaper is a wonderful way to communicate and bond with him or her.
- Fit songs into your daily routine, before and during mealtimes, and at bedtime.
- Encourage your child to feel the rhythm of the music. Dance, clap, and sway to the sounds. Join your toddler while watching quality children's videos A Young Children's Concert with Raffi is great fun.
- Play music CDs or audiotapes to inspire your child to listen, move, dance, and sing along. Play them in the car or at home.
- Look at songbooks together. If you play guitar or piano, get one with musical notations so you can play while you and your child sing.
- Look at illustrated versions of songs. Toddlers and preschoolers can open flaps, for example, while singing along.



*The Lee Pesky Learning Center. "Making Music: Literacy Tips for Parents." *Colorin Colorado*. 2004. Web. 13 Dec. 2012. http://www.colorincolorado.org/article/81/>.

